

# FRASER VALLEY BASEBALL: WINTER TRAINING!



## **FVBA-Winter Training**

We are excited to announce our annual winter training sessions that will be held weekly at our indoor training facility, The Yard.

Athletes ages 7-14 can join our elite coaches for weekly sessions with a choice of days/week and times. Register for multiple weeks or days/week and receive a discounted rate. **Details in email body.**

Players will participate in 60 minutes sessions with 4:1 coaching, consisting of hitting, pitching fielding and speed/agility.

**What: Winter Training**

**When: October 28th-March 28th**

**Where: The Yard**

**Address: 49517 Prairie Central Road  
Chilliwack, BC**

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